

LINKING TOGETHER

REGIONAL COMMUNITY PARTICIPATION & WELLBEING EXPANSION PROJECT



MEDIA RELEASE

STRENGTHENING CULTURE, CONNECTION & COMMUNITY WELLBEING

Armajun Aboriginal Health Service is committed to strengthening the health, wellbeing and cultural connections of Aboriginal people and families across the New England region. The Linking Together Regional Community Participation & Wellbeing Expansion Project represents an important opportunity to build upon our existing community programs and extend their reach across Inverell, Armidale, Glen Innes and Tenterfield.

Through this expansion, Armajun aims to create more opportunities for Elders, men, women, young people and families to come together in culturally safe, welcoming and supportive environments. The project will strengthen existing community groups while introducing new activities focused on physical wellbeing, mental health, cultural healing, social participation and community connection.

A key focus will be reducing barriers such as transport difficulties, geographic isolation and limited access to community activities, ensuring people living in smaller regional communities have greater opportunities to participate. The Linking Together Expansion will further strengthen Armajun's preventative health approach by encouraging healthier lifestyles, positive social connections and participation in meaningful activities.

PROGRAM DELIVERY

Programs will bring people together through regular cultural, social and wellbeing activities. The proposed initiative will combine physical activity, mental wellbeing and health education. Community-led delivery will help make activities relevant, welcoming and accessible.

- Elders, men's and women's groups
- Youth, family and cultural activities
- Community events and health promotion
- Transport-supported participation
- Health and Wellbeing activities

REGIONAL EXPANSION

The expansion will build a stronger regional network, with dedicated staff in Inverell and Armidale. Scheduled outreach will extend activities to Glen Innes and Tenterfield. Shared resources and transport support will help reduce barriers for smaller communities

- Inverell: primary community hub
- Armidale: secondary delivery site
- Glen Innes and Tenterfield: outreach
- Community-led, culturally safe delivery

[CLICK HERE TO SEE MORE INFORMATION](#)

Message from Armajun's Staff Member

"For me, Linking Together has always been about more than delivering programs. It is about bringing our people together, creating opportunities for connection and making sure everyone feels included, supported and valued. We have seen the difference our community programs make — from Elders coming together to families, men, women and young people connecting through culture and shared activities. This proposed expansion is an opportunity to build on that work, strengthen the Linking Together Centre in Inverell and reach more people across Armidale, Glen Innes and Tenterfield. I am particularly excited about this initiative and the chance to make wellbeing, culture and community participation more accessible. Our vision is simple: stronger connections, healthier communities and more opportunities for our people. I look forward to what this project could mean for our communities and future generations."



Jeremy Brown

• OUR GOALS • OUR VISION • OUR MISSION • OUR VALUES • OUR SERVICE

STAY CONNECTED WITH ARMAJUN

We will keep community informed about the initiative through our social media, newsletters and staff. To stay up to date with what is happening at Armajun, sign up to our monthly newsletter.

